

# StV

### How is an appointment arranged?

Telephone or written referrals are accepted from potential clients, a family member, doctor, case manager, nurse, social worker, physiotherapist or occupational therapist.

After receiving a referral, the coordinator will arrange an appointment with the client for an assessment, usually completed in the client's home.

A referral can be declined if a client does not fulfil the eligibility criteria. If this occurs, the client and referrer will be informed. A client has the right to appeal any decisions made.

Clients have the right to decline the service and can reapply any time by making another referral.

### Caritas Christi Planned Activity Group

Caritas Christi Hospice 104 Studley Park Rd Kew VIC 3101 Tel: (03) 9854 1636 or (03) 9853 2344 Fax: (03) 9853 1509

Open: Tuesday, Wednesday, Thursday and Friday 9.30am to 2.30pm

### Darebin Planned Activity Group

92 Dennis St Northcote VIC 3070 Tel: (03) 9486 7413 Fax: (03) 9486 7415

Open: Monday 9.30am to 2.30pm

# Planned Activity Groups (PAGs/Day Centres)

Caritas Christi PAG/Day Centre Darebin PAG/Day Centre

### Feb 09

<u>Mission</u> Our health service is based on and driven by our quest for: Compassion – Justice – Human Dignity – Excellence – Unity

## Planned Activity Groups (PAGs/Day Centres)

### Caritas Christi and Darebin Planned Activity Groups

Our centres offer a relaxed day of activities and companionship. We endeavour to provide programs that encourage wellbeing, enjoyment and independence.

### What do we offer?

- A nutritious three-course hot lunch, morning tea and afternoon tea
- Social interaction
- A day of various activities including a gentle exercise program, discussion groups and crafts
- Special programs for Italian-speaking clients, Tuesdays and Thursdays at Caritas Christi Planned Activity Group
- A multicultural program Mondays at Darebin Planned Activity Group
- Caritas Christi Planned Activity Group offers religious services, prayers and communion
- Supervision is provided for diabetics

### What do we aim to do?

- Offer programs incorporating multicultural elements such as activities, food and communication
- Continually review our programs to ensure we meet clients' changing needs based on their interests and abilities
- Provide a team of friendly, highly skilled, multilingual staff with diverse knowledge and skills
- Maintain and increase links with services that clients already have or may require, e.g. home care, advocacy

### Who is eligible?

- People that are frail, aged and socially isolated
- People who can self-medicate
- People living at home or in a hostel residing in the cities of Manningham, Darebin, Boroondara and Yarra

### Is there a cost to attend?

There is a small fee for each attendance which covers taxi transport, activities, lunch and morning and afternoon teas.

If unable to pay on the day of attendance, we can arrange for an account to be sent.

### Getting to the centre

Our staff arrange taxis that pick up and drop the client off from home to and from the centre.

Taxi costs are covered in the attendance fee. An M40 or M50 taxi card is required in most cases.

### What to bring

- 1. Medication for the day, including pain relief
- 2. Money for the attendance fee, and an optional 40 cents for bingo/tombola
- 3. Walking aids, continence aids, hearing aids and glasses if required
- 4. An open mind and a sense of humour